



Wonderfully Made Primary Education

Goals, Christian values and guiding principles

The main message of *Wonderfully Made* is that each child is wonderfully made and worthwhile, no matter what he or she feels, experiences or does. Every child is created by God. Every child is worthy of being known, loved and protected.

The table below describes the four **guiding themes** along with the main goals or final objectives the lessons are working towards. Eight **Christian principles** are also mentioned. These reflect the **value-based approach**. Two Christian values are mentioned to each guiding theme.

Guiding themes	Goals	Christian principle
1. Developing of self-image and self-esteem	Students value themselves, also as a relational and sexual being, from the values of dignity and wonder towards the Creator.	<ol style="list-style-type: none"> 1. God created each person (man and woman) as a spiritual, physical, emotional, social and sexual being, valuable from the beginning. 2. Being created by God leads to an attitude of wonder towards the Creator and acknowledging every ones dignity.
2. Promoting sustainable and lasting relationships	Students can recognize, appreciate and build sustainable/lasting relationships with different forms of intimacy, based on the values of love and faithfulness .	<ol style="list-style-type: none"> 3. Every person is created by God to participate in relationships with other people (friends, family, church, community) to support each other faithfully, enjoy intimacy in many forms and feel connected, valued and loved. 4. Sexual intercourse can prosper within a, sustainable relationship (marriage) between a man and a woman, embedded in love and faithfulness.
3. Learning social norms	Students can understand various social norms in dealing with relationships and sexuality and can set and articulate their own boundaries, based on the values of respect and responsibility .	<ol style="list-style-type: none"> 5. Being created by God leads to an attitude of care and respect for your own private body and for the boundaries of others. 6. Out of Gods great commandments (loving the Lord your God and your neighbour as yourself) comes an attitude of kindness and care towards all other people, regardless sex, gender, race, religion or sexual orientation.
4. Developing protective behaviours	Students are equipped to recognize suspicious and harmful situations and ask for help if necessary, based on the values of self-control and courage .	<ol style="list-style-type: none"> 7. The Bible shows the importance of a clean mind and body which requires self-control. 8. Sexual abuse, as well as abuse in general, is wrong, immoral and illegal. Saying no, fleeing and telling about it is the right thing to do.



Structure

The lesson objectives per lesson focus on knowledge, skills and attitudes. Moreover, each lesson is linked to one or two guiding themes of the method (**self-image**, **sustainable relationships**, **social norms** or **resilience**), see the graphic below. Eight Christian principles are also mentioned. These reflect the value-based approach.

Schools are free to present a certain topic at to a different age group than the table presents.

Age group	Lesson theme	Guiding theme				Content
4 - 5 years	1.1* We are all different	X				<ul style="list-style-type: none"> What do I look like and what do you look like? Everyone is uniquely and wonderfully made Differences between boys and girls Discussing basic emotions
	1.2 Pregnancy and birth	X	X			<ul style="list-style-type: none"> Bringing in baby related items Growing in mummy's tummy Getting a brother or sister
	1.3 Don't go with strangers			X	X	<ul style="list-style-type: none"> Don't go without telling your parents Dangers of going with strangers Practising good responses
5 - 6 years	2.1 Expressing feelings and saying no	X		X	X	<ul style="list-style-type: none"> Imagining hero stories Promoting self-confidence Expressing feelings Saying no in difficult situations
	2.2 Cuddles and privacy		X	X		<ul style="list-style-type: none"> Affectionate touches Aggressive touches Private body parts
	2.3 Keeping your body clean			X		<ul style="list-style-type: none"> Personal hygiene Keeping your whole body clean
6 - 7 years	2.4 Playing together			X	X	<ul style="list-style-type: none"> Rules when playing Treating each other with respect Listening to each other
	3.1 My body is mine	X		X		<ul style="list-style-type: none"> Naming body parts Naming genitals Privacy and getting dressed
	3.2 The arrival of a baby	X	X			<ul style="list-style-type: none"> Safe family Expecting Having a baby Preparations
	3.3 Touches: 'yes' and 'no' feeling			X		<ul style="list-style-type: none"> Different touches 'Yes' and 'no' feeling Saying no or stop
7 - 8 years	3.4 Good and bad secrets				X	<ul style="list-style-type: none"> Fun with good secrets Good or bad secrets Telling bad secrets to someone you trust You can always tell God
	4.1 Self-confidence and boundaries	X		X		<ul style="list-style-type: none"> Increasing self-confidence Recognizing and respecting boundaries



					<ul style="list-style-type: none"> Showing personal boundaries Who is allowed to come close 	
	4.2 Friendship		X	X	<ul style="list-style-type: none"> Being and staying friends Love and dating Different touches 	
	4.3 Safety at home		X		X	<ul style="list-style-type: none"> Safety in the family Safely naked
8 - 9 years	5.1 Miracle of birth	X	X			<ul style="list-style-type: none"> Miracle of birth Talking with family Making a family tree
	5.2 Self-confidence and body language	X		X		<ul style="list-style-type: none"> Assessing body language Showing self-confidence
	5.3 Suspicious situations				X	<ul style="list-style-type: none"> Assessing danger 'Yes' or 'no' feeling How to act in threatening situations
9 – 10 years	6.1 Friendship		X	X		<ul style="list-style-type: none"> Friendship Dating, engaged, married (love and loyalty) How to treat each other
	6.2 Body language as a weapon	X		X		<ul style="list-style-type: none"> I have grown Review of using body language Showing self-confidence
	6.3 Good and bad pictures			X	X	<ul style="list-style-type: none"> 'Yes' and 'no' feeling Good and bad pictures Protective behaviours Taking and sending pictures
	6.4 Asking for help				X	<ul style="list-style-type: none"> Asking for help Accepting help School counsellor and children's helpline
10 - 11 years	7.1 We are all different	X		X		<ul style="list-style-type: none"> Differences boys/girls Wonderfully made
	7.2 Changes during puberty	X		X		<ul style="list-style-type: none"> General physical changes Changes in boys and girls Insecurity
	7.3 Intimacy and sexual intercourse		X			<ul style="list-style-type: none"> Intimacy Sexual intercourse Guidelines from the Bible Safe sex
	7.4 The miracle of pregnancy	X	X			<ul style="list-style-type: none"> Miracle of birth and development Not being able to have children Miscarriage, stillbirth and prematurity
	7.5 Value of life	X		X		<ul style="list-style-type: none"> Wonderfully made View on sexuality Sexual and reproductive rights Joint responsibility Unintended pregnancy
	7.6 Not everything is normal			X	X	<ul style="list-style-type: none"> Sin, shame, clothing 'Yes' and 'no' feeling Sexual abuse Dangerous secrets
	7.7 Respect for each other		X	X	X	<ul style="list-style-type: none"> Treating each other Dirty jokes and obscene language
11 - 12 years	8.1 Identity and intimacy	X		X		<ul style="list-style-type: none"> Identity Kinds of intimacy Sex and gender Pictures of yourself
	8.2 In love and dating		X		X	<ul style="list-style-type: none"> Special feelings A good relationship



					<ul style="list-style-type: none"> Sexual grooming
8.3 Marriage		X			<ul style="list-style-type: none"> Marriage from Biblical principles Differences between men and women Divorce
8.4 Being different	X		X		<ul style="list-style-type: none"> Use of words Newspaper headlines Personal experience story
8.5 Online				X	<ul style="list-style-type: none"> Temptation Two brains Love or lust Pornography
8.6 Sexual abuse				X	<ul style="list-style-type: none"> Understanding related terms Incest, rape, indecent assault Paedophilia, prostitution Pornography
8.7 Protective behaviours			X	X	<ul style="list-style-type: none"> Prevent, Resist, Tell People we can trust

* Lesson 1.1 means: year 1 (age 4-5) lesson 1.

